

TRAVEL CHECKLIST

WHAT TO BRING

- Passport (*original and copy*)
- Bible, pen and journal
- Travel insurance (*original and copy*)
- Camera and batteries/charger
- Adaptor plugs (*check online for correct converters*)
- Washcloth
- Mini travel backpack, daypack or bag
- Small flashlight
- Water bottle (*refillable*)
- Toilet paper (*small camping size*)
- Antibacterial hand gel
- Wet wipes
- Toiletries (*shampoo, soap, deodorant, toothbrush, toothpaste, contact solution*)
- Sunscreen and sunglasses
- Bug spray (*mosquito repellent*)
- Over-the-counter medicines (*Tylenol, anti-diarrhea pills, anti-nausea pills, Airborne, sleeping aids, vitamins, Pepto, antacid, etc.*)
- Work clothes (*that can be dirtied*)
- One nice outfit (*for church or visiting a gov. office*)
- Every day comfortable clothing (*blue jeans, khakis, t-shirts, polo shirts, long shorts, skirts, thick-strapped tank tops*)
- Light jacket or sweatshirt
- Raincoat (*during rainy season*)
- Comfortable walking shoes, tennis shoes, sandals
- Hat
- Ziplock bags
- Locks (*for luggage while in-country*)
- Snacks (*beef jerky, power bars, granola, oatmeal*)
- Donations and gifts for pastors and in-country hosts

OPTIONAL ITEMS

- Reading books
- Umbrella
- Alarm clock
- Bathing suit (*modest*)
- Lice shampoo
- First aid kit (*small*)
- Travel pillow
- Travel money pouch
- Small calculator (*for converting money*)
- Laundry detergent
- Money for souvenirs and snacks

THINGS TO REMEMBER

- Bring a few photos or create an album on your phone of pictures of you and your family to show the kids. They love it!
- Give emergency numbers to family and friends, as well as copies of your passport and any other important information.
- Check your airline travel restrictions for carry-on bags and weight limitations two days before travel, and again the day of (*it can change without notice*).
- Don't bring clothing that calls attention to any particular part of your body, or to yourself in general. Err on the side of modesty.
- Don't bring camouflage or fatigue clothing.
- Pack an extra change of clothes on your carry-on bag, as well as all your necessary items (*just in case your luggage gets lost or you have a flight delay*).
- Don't pack too much. You want to be able to bring back some souvenirs too!

