

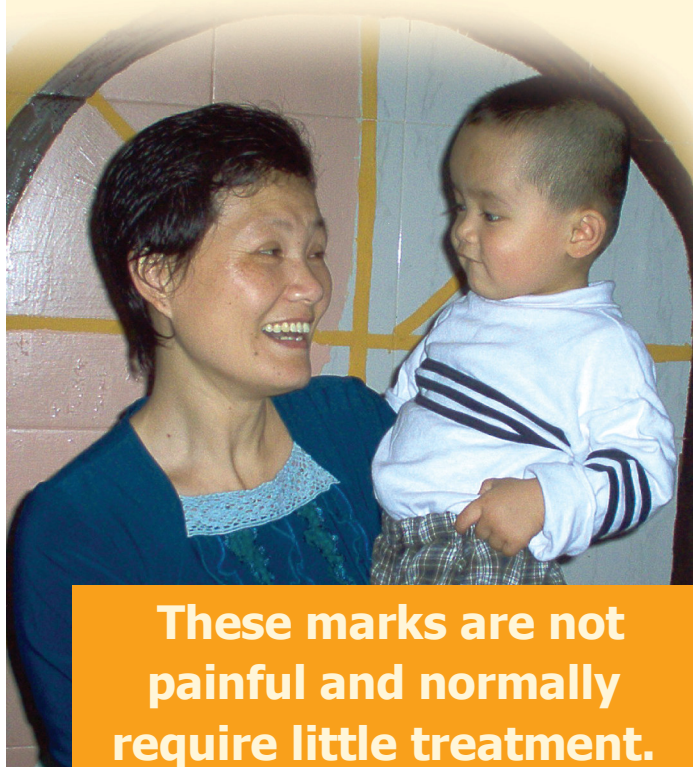
# Congenital Blue Nevus

## FACTS:

- A congenital blue nevus is a blue birthmark present at birth. It may be light to dark blue in appearance and is usually flat to slightly raised.
- There is no way to prevent birthmarks.
- If pain, swelling, bleeding or itching of the blue nevus occurs, contact a doctor immediately.
- If the child has many blue nevi that have a rubber-like appearance and are raised over his or her body, they should be checked by a doctor for a rare disorder that may cause bleeding in the intestines. The child should be watched for developing pallor, anemia and blood in the stool. If these symptoms appear, see a doctor immediately.



Blue nevi are dark marks on the skin present at birth.



These marks are not painful and normally require little treatment.



# Congenital Blue Nevus

## TREATMENT:

- Usually no treatment is needed. The marks usually remain unchanged throughout life, but sometimes nevi will fade as the person ages.
- Consult with a doctor if there is any change in the color, size or texture of the blue nevus. In rare circumstances nevi may become cancerous and need to be removed.



If a child's blue nevus changes color, shape or texture, see a doctor.



Children with blue nevi are easily adopted.