

Scoliosis

FACTS:

- Scoliosis is a curve in the spine.
- One shoulder may be higher than the other or one hip higher than the other, affecting sitting or walking.
- Scoliosis can be caused by rickets, a spinal defect or unknown causes.
- This condition affects more girls than boys.
- People who have scoliosis need treatment by a doctor. Severe scoliosis can affect the ability to breathe or walk easily and can cause pain in daily activities.



Sitting and walking may be affected.



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TREATMENT:

- **Scoliosis is best treated when a young person's body is still growing and can respond to treatments. Treatments include physical therapy to keep muscles flexible and strong, lifts on a shoe or a body brace.**
- **Severe cases may require surgery.**



Scoliosis should be treated when a child is still growing.



Children with scoliosis are loved by their families.